

Following Directions Cards

- Cut out these cards and mix them up face down or place in an empty container.
- If your child is working on following one-step directions, have them pull one card and follow through with the action.
- If your child is working on following two-step directions, have them pull two cards and have them follow through with both of the actions.
- If your child is working on following three-step directions, have them pull three cards and have them follow through with all of the actions.
- Encourage your child to use self-rehearsal or self-talk strategies to help them remember what the steps of the sequence are.
- Once they have been successful with the visuals, to make the task more challenging, flip the visuals over and see if they can do it without the visual prompting.

clap



jump high



raise your hand



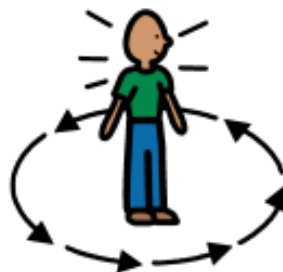
touch your toes



crawl



turn around



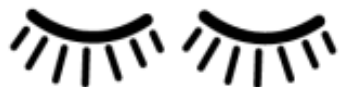
flap hands



sit down



close eyes



stick out your tongue



shake hands



high five

