

Parent Information Night February 9th, 2022

6-8 pm

Online via Zoom

What we say and how we talk about substance use matters...



Build your knowledge and confidence in speaking with your child
about drug and alcohol use...

In this session we will focus on:

- Current substance use trends. Societal and media influences around substance use. What you should know about substance use and the law.
- How to talk with your child about substances they may be exposed to as they get older.
- How to respond to a child who is exposed to peer substance use, experimenting with use or is struggling with substance use. Helping youth understand signs of an overdose and how to respond.
- Increasing your confidence, competence and comfort level in discussing drugs and alcohol with your child.
- The importance of decreasing stigma when talking about substance use and addiction.

The presentation will be facilitated by:

- Burnaby School District-Safe Schools team, District Counsellor & Mental Health Liason
- First Nations Health Authority-Indigenous Educator, Harm Reduction
- Fraser Health-Public Health Nurse
- Odyssey Substance Use Services- Youth Counsellor

Register today by email:
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