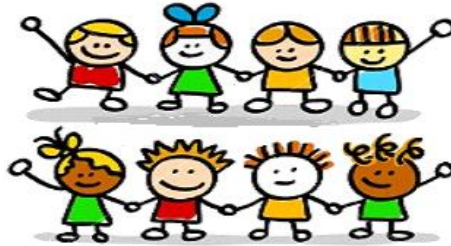




*Vancouver & Lower Mainland Multicultural
Family Support Services Society*

Mother & Child Emotional Power Program

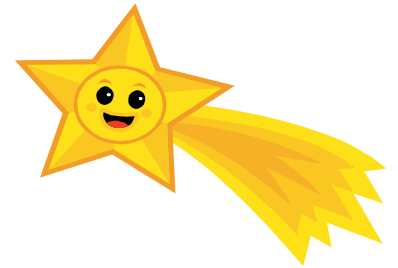
**An online program for parents with children ages 0-6 years
New Immigrant Families and Refugees are welcome!**



***Join us in this weekly online program to learn more about your child's
emotions and much more while having fun!***

This program includes:

- Exploring the role of emotional well-being in early childhood
- Become aware of your child's emotions
- Encourage healthy expressions of emotions
- Parenting
- Children's developmental stages
- Community resources
- Connecting with other parents



***Learn together with your child through
Fun Games, Storytelling, Arts & Crafts, Songs***

**When: Every Monday 10 – 11 am
February 22 to March 29, 2021**

**Where: On Zoom
HAVE PAPER & CRAYONS HANDY!**

**REGISTRATIONS ARE OPEN!
SPACES ARE LIMITED**

**For more information, please contact Liliane or Ramzia
cwwa@vlmfss.ca or Tel : (604) 436 – 1025**