

Sewing is FUN!

Posted on December 9, 2016 by [REDACTED]



I really enjoyed sewing because I never really did this before. First, we tried the straight stitch and I thought I was good at it, but in reality, it was the easiest to do, after we practised the stitch's, we tried our good copy. I picked a Christmas tree because it mostly represents Christmas. Some things that were challenging were the French knot because its really hard to perfect it but one you finally understand how to do it, it gets really easy. The part when you finally finish your ornament, it's very satisfying. I will most likely do another one of these just for fun because they are so pretty! Overall, I definitely enjoyed sewing.

Overcoming Fears of Fall

Posted on December 6, 2016 by [REDACTED]

When I think about Cliffhanger, it reminds of the "growth mind chart". Cliffhanger was pretty scary but, really fun. Since I went rock climbing before I didn't feel nervous about it but, I'm kind of scared of heights so in the "growth mind chart", I felt like I was in the "I can do it" step. The type of rock climbing I enjoyed most was the automatic one where there's a machine at the top with a rope that you attach to



yourself to climb and when you go down, it slowly lowers you down. Another type of rock climbing that I enjoyed a lot was the

Dodge Ball

Posted on November 15, 2016 by [REDACTED]

In PE we played different types of dodge ball. I thought they were fun even sometimes people would cheat a bit. The basic things in most dodge balls is to try to hit the other team with the balls around their legs, if you get hit you're out unless you get hit in the head. Two of my favorite dodge balls is Doctor Dodge ball and Super



Dodge ball. The way doctor dodge ball works is there's a doctor and a decoy doctor on each team and if someone on their team gets hit the doctor has to come and help them while not getting hit, that's where the decoy doctor comes in. The decoy can't help people but they have to act like they are helping them so the doctor doesn't get targeted as much, the goal of the game is to try to hit the doctor on the

A Good Leader

Posted on November 9, 2016 by [REDACTED]

A leader has different qualities to help guide people in different ways. We came up with some words for a good leader, usually a good leader is usually willing, leaders are usually a good example for other people, some leaders are brave and willing to take huge risks, leaders are usually supportive to other people, and some leaders guide people. The word

A leader is one who knows the way, goes the way, and shows the way.
John C. Maxwell



leader makes me think of these words because there are some people I know that are leaders and are most of these words. Leaders are different from the bosses, leaders guide and try to help people and bosses are usually in charge jobs and tells you to do things for the company. A time when I had to lead was when I was doing a science project. My job was to get the information but, the people in my group were having trouble so I had to help them. Like when the drawing person was having trouble drawing a part, I had to print a picture of the part for them. These are

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November 16, 2016

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**True leaders
don't create
followers.
they create
more leaders!**

Positive means saying nice word like " I like your shirt " and other stuff like that.Uplifting means encouraging people to do things that they say they cant do. Maybe you can become a leader to and get other people to become leaders to and that might make the world a better place. The person I look up to is my mom because she keeps me safe and give me food and pays the bills and I have a roof over my head. My mom is my leader because she keeps me safe and gives me food and pays the bills and takes care of me that is why my mom is my leader.

To be a good leader is being helpful positive and uplifting to help other people. Being all those things is easy for only some people.When I say be positive helpful and uplifting I say that for you to do that and get other people to do that to. Helpful means helping others with work or helping someone with a puzzle they cant figure out a helpful person is a good person.



At cliffhanger, I found it really exciting was hanging off of the bolder with out a harness, I also enjoyed rappelling back down. At cliffhanger when I got high up in the air my legs were shaking a lot but i wasn't scared it was just because i was standing on small rocks but it was really fun. There was this one guy controlling the rope and when i wanted to lower he said are you sure try and keep going and he gave me inspiration. This apply's as a growth mind set because if you believe in your self you can reach the to of the wall.