



FATHERHOOD, A JOURNEY

ONLINE PROGRAM

Come and meet other fathers to learn about raising children in today's society. You will be able to offer and receive support from other fathers that are experiencing the same struggles as you.

Topics include

- Parent/child attachment
- Parenting styles
- Children's temperament
- How to acknowledge and encourage your children
- How to increase positive communication
- Age and developmentally appropriate expectations and effective discipline
- Other topics can be included to meet the specific needs of the attending fathers.



8 weekly sessions starting Tuesday, January 17th, 2023

Time: 6:00 to 8:00pm

Online program. Zoom links will be sent to participant after registration is completed.

To register please visit - <https://www.burnabyfamilylife.org>

For assistance, please call 604-659-2200

or email bfl_info@burnabyfamilylife.org