

## Who We Are

Child and Youth Mental Health provides specialized mental health treatment to children and youth (0-18) and their families, who are experiencing mental health symptoms that impact thoughts, behaviours and feelings.

For children 5yrs of age and under call:  
604.660.8139

Children 13yrs of age or under must be accompanied by parent or guardian.

## Clinic times and locations

### CYMH Walk-In Intake Hours

**#102-4430 Halifax Street,  
Burnaby (North)**

Tuesday 9:30am to 3:30pm

**#201-7645 Kingsway, Burnaby  
(South)**

Wednesday 9:30am to 3:30pm

Thursday 12:00pm to 6:00pm

*Phone: 604.660.9544*

*Fax: 604.775.0849*

**In case of an emergency after hours,  
please call your local hospital or 9-1-1.**



**Child and Youth Mental Health  
Walk-In Intake Clinic**



**BRITISH  
COLUMBIA**



## Child and Youth Mental Health

### Most commonly addressed by Child and Youth Mental Health Services:

1. Assessment and planning
2. Individual therapy
3. Group therapy
4. Family therapy
5. Parenting programs

- ✓ Anxiety problems
- ✓ Mood problems, like depression
- ✓ Psychosis
- ✓ Severe behaviour problems
- ✓ Eating disorders

## CYMH

### Walk-in Intake

#### Getting Started:

Children, youth and families can refer themselves by attending one of our Child and Youth Mental Health Walk-in Intake Clinics.

#### Clinic times and locations (as of April 1<sup>st</sup>, 2014)

North Burnaby  
**#102-4430 Halifax Street, Burnaby**  
Tuesday 9:30am to 3:30pm

South Burnaby  
**#201-7645 Kingsway, Burnaby**  
Wednesday 9:30am to 3:30pm  
Thursday 12:00pm to 6:00pm

**\*\*NO appointments**  
**\* Clinics are CLOSED on weekends and holidays**



If you are a resident of:

- Coquitlam  
call 604.469.7600
- Port Coquitlam  
call 604.469.7600
- Maple Ridge  
call 604.466.7300
- New Westminster  
call 604.660.9495

Interpretation services offered  
Call 604-660-9544

For more information  
Call 604-660-9544