SERVICES & RESOURCES

The following are a list of services and resources that families may be interested in:

MEDICAL

Healthy Kids Program (covers dental care, eye check-ups and prescription eyewear for children and youth to the age of 19)

Global Family Care Clinic just opened up on Edmonds and Kingsway for new Refugee or Immigrant families to Canada in the past 3 years that do not have a family doctor yet.

- 1. Information about the Clinic
- 2. Frequently asked questions click here

HOUSING FOR BOTH ADULTS AND YOUTH

MetroVancouver: Services and Solutions for a Livable Region offers families affordable housing opportunities.

If you are a youth or find that a youth that you serve has no place to stay, here are some options that are specifically for under aged youth. They are all fantastic:

- 1. ASH (Aboriginal Youth Safe House) Vancouver 604.254.5147
- 2. All Nations Youth Safe House Surrey 604.584.2625
- 3. Covenant House 575 Drake, Vancouver 604.685.7474
- 4. Directions Youth Centre 900 Pacific, Vancouver 604.633.1472
- 5. Walden Safe House Vancouver 604.877.1234
- 6. Shelter Information All Ages and Genders
- 7. BC 211 A region-wide referral line for shelter and other essential services 211 (604.857.6381)

If all these options are full please call Shelter Vacancies in the Lower Mainland at 604.875.6381 and they will point you in the right direction.

If you are concerned about a youth and not able to find a safe place for a youth please call *Ministry for Child and Family Development (MCFD)* Afterhours at 604.660.8080



FOOD, CLOTHING AND OTHER HOUSEHOLD GOODS

BASES Family Thrift Store offers a selection of good used clothing, household goods, collectibles, and furniture. Good used clothing can be dropped off during their open hours.

Metrotown Rotary Coats for Kids provides, during the month of November, warm winter coats to children of low income families.

Food Banks – to find information about food banks in Burnaby and how to access them, please click here

Quest Food Exchange is a non-profit grocery market located at 7753 Sixth Street, Burnaby – phone 604.553.0636. To access the Quest Market please complete the QUEST REFERRAL FORM 2015

Helping Families in Need Society – offers furniture and household goods (to facilitate this process non-English speaking families should be accompanied by an English speaking interpreter).

Burnaby Children's Fund provides individual children, youth and their families' food, clothing, footwear, medical aid, prescriptions and other necessities. To request assistance provide a short letter describing the family's situation and the item(s) requested. Fax to 604.664.8319 or send through house mail to Burnaby Children's Fund c/o Edmonds Community School.

For further information call Ginny Tahara at 604.717.5051 (Thursdays and Fridays only) or call Darlene James at 604.882.0252.

Supporting Burnaby Youth Society – provides grants for community-based programs for Burnaby children and youth.

Email requests to Darlene James at <u>darlene.don@gmail.com</u> or send via regular mail to PO Box 991, Fort Langley BC V1M 2S4. For further information call 604.882.0252

RECREATIONAL

City of Burnaby Parks, Recreation and Cultural Services provides a variety of programs and services:

Community Arts Development Program provides opportunities for schools and communities to develop community art projects.

Grade 5 Be Active Program

Recreation Credit Application – Burnaby families in financial need can apply for credit through this program.

Please save your income tax papers each year – these important to register for Parks, Recreation & Cultural Services credits, Burnaby Christmas Bureau, and summer camp subsidies.

Non-profit organizations providing financial assistance for kids to play sports:

KidSport Burnaby Grant Application (2015) Canadian Tire Jumpstart Application



BURNABY COMMUNITY SERVICES

Comprehensive resource guides published by Burnaby Community Services. Inside each guide you will find categorized services with names, descriptions, useful links and phone numbers.

Burnaby Community Services Resource Guide For preschool-aged Children: Ready, Set Learn Resource Guide For Children 5 -12: Middle Childhood Matters Resource Guide Seniors Health Guide

Subsidies

The Burnaby Christmas Bureau provides families on income assistance (or low income) new toys for their children 16 years and younger. Families and seniors with low income can access sponsorship.

The Burnaby Camping Bureau provides subsides for Burnaby children with low income the opportunity to attend the summer camp of their choice.

SERVICES FOR NEW IMMIGRANTS

Settlement Workers in Schools

New Immigrants Guide – Q&A

Immigrant Services Society of BC provides newcomers with a range of settlement services, Community Settlement counselling in various languages, community bridging, multicultural peer support, career services and more.

MOSAIC Services for Immigrants and Refugees provides free, multi-lingual services for immigrants, refugees and work permit holders including case management, settlement services, workshops, social mentoring, life-skills training and fieldtrips. They also offer programs specific to youth, families and seniors.

Multicultural Family Support Services Society provides culturally and linguistically sensitive services to immigrants, refugees, no-status and visible minority women and their families who are experiencing family violence. Services are free and confidential and include individual and group counselling, advocacy and support through Multicultural Outreach STV, Children Who Witness Abuse Program, Bi-cultural Parenting, Community-Based Victim Assistance, Volunteers Program and Intake Service. Open Monday to Friday 9am-5pm.



NEIGHBOURHOOD ASSOCIATIONS & SOCIETIES

Burnaby Family Life offers a broad range of social services designed to meet the needs of a very diverse and changing community by providing programs in counselling, parenting, pregnancy, English language skills, childhood literacy, childcare, and life skills classes for people without a home.

Burnaby Neighbourhood House staff and volunteers work to build a sense of community in Burnaby. Through a wide range of programs and services they offer social support and activities for the whole family – children, parents, and grandparents. People of all ages and diverse backgrounds are included.

Burnaby North Community Association is a non-profit organization created for the purposes of addressing community needs in the North Burnaby/Kensington area.

Cameray Child and Family Services is a community-based agency committed to the strengthening of individuals and families through a spectrum of services including counselling, education, outreach and advocacy.

Eastside Opportunities Society is a non-profit organization which operates out of Second Street Community School. Programs include before and after school care, spring and summer day camps, and preteen and youth drop-in programs based at Second Street, Armstrong Elementary and Cariboo Hill Secondary. For more information call 604.664.8260 or visit them on Facebook.

Heights Neighbourhood Association, Burnaby is a non-profit organization of volunteer residents of the Burnaby Heights neighbourhood. They create opportunities for neighbours to socialize by hosting various events throughout the year and offer summer day camps at Gilmore Community School for children K – grade 5. For more information call 604.664.8703 or visit them on Facebook.

North East Burnaby Community Association is a non-profit society committed to enhancing the educational, recreational and environmental wellbeing of our children and community by providing affordable programs and quality services which meet the needs of all age groups.

